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**Delivery and Evaluation Plan**

**Outline steps for implementing the intervention.**

The intervention will include two components: a skill-based vocational training session determined based on consultation with the Youth Transformation & Rehabilitation Centre (YTRC). The skills portion of the intervention will be done by a collaborating training agency that does Technical and Vocational Education and Training (TVET) programs within the Trinidad and Tobago prison system. This researcher will facilitate personal development sessions where she seeks to use an appropriate curriculum that will holistically benefit the participants.

The personal development sessions will be held during a six-week period commencing in April 2025. The sessions will be done with a maximum of two hours per session; see topics below:

| Personal Development Sessions |
| --- |
| Know Thyself |
| Leader Within |
| Manage Stress/ Youth Mental Health |
| Customer Service Session |
| Time Management |
| Goal Setting |
| Career Exploration |
| Wrapping it all up |

Concurrently with these sessions, the participants will be enrolled in a TVET skill course at the training centre. The selected TVET will be facilitated by the instructor, that is attached to a training agency that will begin with a new cohort of young people. These sessions will preferably happen 2 to 3 times per week at the YTRC compound.

**Establish criteria for evaluating the intervention's success.**

Partnership and Participation**:**

This intervention requires a partnership with an organisation that is involved in TVET skill training to efficiently deliver training to a cohort of participants within the juvenile facilities.

The personal development sessions will occur concurrently with the TVET skill training.

Contingent validity:

The researcher must understand that findings may be context-specific and may not necessarily be found in other instances.

Outcome Validity:

The research should lead to meaningful and sustainable improvements in practice in similar facilities.

The action research should improve the lives of others, and be relevant to the local setting

Reflexivity:

Researcher's awareness of personal biases and assumptions throughout the process

Reflection and Learning:

Intervention should allow for the researcher to reflect on their previous professional activities. The intervention should foster learning and knowledge generation for both the researcher and the participants

Intervention should encourage continuous improvement and adaptation

Ethical Considerations:

Is the research conducted ethically, with informed consent and respect for participants?

Does the research acknowledge the value of professional judgment and local knowledge?

**Site permission.**

The prospectus template will be adapted and submitted to the Commissioner of prisons to gain access to the YTRC participants and any subsequent prison population.