**Doctor of Social Leadership Program**

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**Source** Lopez-Garrido, G. (2023, July 10). Bandura’s self-efficacy theory of motivation in

 psychology.

 **Comment**: (from LDR 807-12 Developmental Reading)

 **Quote/Paraphrase:** “Bandura (1977) argument focuses on the facts that “Seeing

people similar to oneself succeed by sustained effort raises observer’s beliefs that the too possess

the capabilities to master comparable activities to succeed.” The reason for this belief is that the

High Efficacy provides essential benefit to a person’s daily life, because it increases various

areas of their performance level, educational opportunities and eliminate anxiety or stress from

an individual environment and consciousness. Ultimately, the purpose of Self-Efficacy is to build

one’s ability to withstand obstacles that tends to interfere with a person’s goals and aspirations.

Finally, it requires an employee to demonstrate that they possess determination and perseverance

Mechanism in this era of life. (pp. 1)

**Essential Element**: High performances versus past failures

**Additive/Variant:** This Quote is additive to the argument of Exemplary Leadership within our

society and respective organizations. This research highlighted the criticality of Self-Efficacy as

a reinforcing agent in respect to learning and motivation. Research gate (2016) “Furthermore,

other studies came up with the evidence that the impact of self-efficacy is far reaching as they

found, it is far more critical than the concepts of self and self-esteem in the background of

learning (Hebert et al., 2014).”

**Contextualization**: Essentially, Self-Efficacy is very important in achieving goals set by an

individual or an organization. Therefore, personal efficacy significantly depends on

understanding once current performance based on past failures or observing the positive

achievements of respective task or leadership roles. Moreover, the author outlined that it is

imperative that we master our past experiences and use them as stepping stones in our future

endeavors. In Addition, this approach relies primarily on the encouragement or the

discouragement of other likeminded individuals. And Self-Efficacy is similar to the reality that

“faith without works is dead.” James 2:17 KJV

For example, Apostle Paul emphasized that we should follow is teaching as he patterns the

leadership that Christ presented while on earth. I Corinthians 11:1 KJV

Thus, from a Spiritual Context, we all have demonstrated qualities that needs to be critique by

those who have mastered their skills based on past hinderances.

**References**

**Retrieved from:** <https://www.simplypsychology.org/self-efficacy.html>

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