Hermeneutics and Communications

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Professor

Dr. Jim Strecker, Ph.D.

Assignment #1 – Core Essential Elements

1. Write a three-paragraph essay responding to the following question:

Select One (1) Core Essential Element from the Syllabus Outline:

a. Create a 350-word original discussion paper (with cited sources) during the week

of the residency. Be prepared to discuss and engage with other students during

the live sessions. Post this document in DIAL.

b. Professor will check for quality of content and word-count requirements. Grade

assigned will be Credit or No Credit (CR/NC).

Interpretive research starts with data and uses that data to develop a theory (M.Given, 2008). Interpretive research could aid in the human services field of mentoring women in recovery from substance use disorders, sexual traumas, and underlined mental health challenges. This kind of study would prove useful to professionals in the field organizing mentoring programs best suited for that population.

Interpretive research as used by Bahrami et al. (2023) demonstrates that this kind of research is helpful to women who are being mentored. Utilizing this same kind of research can help develop real-life curriculums that address the needs of women with challenging backgrounds and empower them through peer-taught and peer-led programs. Mentoring programs not only help women overcome and persevere in life; they can also help break the stigma and marginalization that women are often faced with in the community, business world, and churches.

Interpretive research through some studies shows that a mentorship approach assisting women with balancing their lives can prove to be beneficial. Combining the worlds of women in recovery with women who have challenging lives in business, motherhood, and schooling, demonstrates their commonality and can allow them to empower and strengthen each other. Other interpretive research proves that women can make the transition and even elevation of working in the fields of social work to mentorship (Bahrami et al., 2023). The author's use of interpretive research in this study shows its usefulness in social settings. Furthermore, Jones (2023), another social worker using qualitative interpretive phenomenological analysis states “black women social workers are present in the workforce but not matriculating into leadership positions as their counterparts.” Demonstrating that an interpretive study can be beneficial in assisting women to move into leadership positions in their lives and communities.

In conclusion, Interpretive research starts with data. It moves into theories that can provide a field of studies, combining all women from all walks of life, cultures, and faiths while mentoring them through a curriculum of life skills, spiritual lesson plans, outreach opportunities, and peer coaching has proven to be beneficial for all.

REFERENCES

Bahrami, P., Nosratabadi, S., Palouzian, K., & Hegedűs, S. (2023). Modeling the Impact of Mentoring on Women’s Work-Life Balance: A Grounded Theory Approach. *Administrative Sciences*, *13*(1), Article 1. <https://doi.org/10.3390/admsci13010006>

*Black Women Social Workers Transitioning from Mentee to Leader: An Interpretive Phenomenological Analysis - ProQuest*. (n.d.). Retrieved January 26, 2025, from <https://www.proquest.com/openview/dbd6f5766a897c99302b02e5f7498403/1.pdf?pq-origsite=gscholar&cbl=18750&diss=y>

M.Given, L. (2008). Interpretive Research. In *The SAGE Encyclopedia of Qualitative Research Methods* (pp. 465–467). SAGE Publications, Inc. <https://doi.org/10.4135/9781412963909>