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AA 301: Developmental Reading Workshop

Brent M. Dixon

Omega Graduate School

December 15, 2024

Professor

Mr. David Moser, T.A.

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**Practice Assignment**

Directions: Create and complete two comments (quote, essential element, additive/variant analysis, and contextualization) from one scholarly journal article related to one of your enrolled courses this Core/Term.

Download the “Developmental Reading Template” Word document.

Document source(s) in APA style, 7th edition for in-text citations and Works Cited.

Include a separate Works Cited page, formatted according to APA style, 7th edition.

Submit through DIAL to the professor

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Create and complete two comments (quote, essential element, additive/variant analysis, and contextualization) from one scholarly journal article related to one of your enrolled courses this Core/Term.

Dietary Guidelines Advisory Committee. (2010). The Dietary Guidelines for Americans is a joint publication by the US Departments of Agriculture (USDA) and Health and Human Services (HHS) that provides advice on how to eat and drink to promote health and prevent disease. The guidelines are based on the latest scientific evidence on diet and health.

The Dietary Guidelines Advisory Committee (DGAC) is made up of nationally recognized experts in nutrition and health.

The guidelines are updated and released every five years. The process for developing the guidelines includes:

1. Identifying scientific questions
2. Appointing an advisory committee to review scientific evidence
3. Developing the guidelines
4. Implementing the guidelines

This article was easy to read, and the presentation was user-friendly. This read conveys the correlation between disease prevention and nutrition with peer-reviewed data analysis of their promotion of healthy nutritional food and drinks while preventing diseases therein.

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**Works Cited**

Dietary Guidelines Advisory Committee. (2010). US Department of Agriculture and US Department of Health and Human Services. *Nutrition and Your Health: Dietary Guidelines for Americans*.

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