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SR 953-12: Research for 21st Century Scholarship

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Omega Graduate School

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Professor

Dr. Caroline Geer

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***Assignment #4 – Essay***

Continuation of the SR953 Research for 21st Century paper that you began for Assignment #2.

1. Write a summary for each of your resources (see Assignment #2 instructions for

specifications). Use a Level 1 heading at the beginning of each summary. Level 2 and Level 3 headings are optional.

a. Include the following for each book from Assignment #2 (A minimum of two

books (minimum of one published in the last five years) relevant to your chosen

topic.)

• a short biography of the author and his or her credentials, and

• your assessment of each book’s (a) readability, (b) presentation of the

subject, and (c) relevance to your chosen topic.

b. Include the following for each journal article from Assignment #2 (A minimum of five

primary research journal articles relevant to your chosen topic; four articles must

be less than five years old.)

• the title, year, and author(s) of the research;

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• the basic categories in the literature review section;

• a brief description of the research type and methods;

• a brief description of the population being studied and how the participants were selected for the research; and

• a brief description of the findings and conclusions.

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Continuation of the SR953 Research for 21st Century paper that you began for Assignment #2.

Chehayeb, R. J., SenthilKumar, G., Saade, Z., Marin, B. G., Aghagoli, G., & Virji, A. Z. (2022). International medical students in the United States and conduct an analysis of the first, peer-to-peer, national mentorship program for international medical students and international pre-med applicants in the US (F1Doctors).

Rachel Jaber Chehayeb

Internal Medicine Resident

Verified email at pennmedicine.upenn.edu

This article was easy to read, and the presentation was user-friendly. This read conveys the correlation between international medical students with peer-reviewed data analysis of their interaction therein.

Chi, T., Cheng, L., & Zhang, Z. (2023). More than one-third postgraduates suffered from anxiety disorder, and this prevalence had a slight upward trend since 2005, school administrators, teachers and students should take joint actions to prevent mental disorders of graduates from deteriorating.

Zhang contributed to theoretical interpretation and manuscript structure. HM Zhang performed multiwavelength data analysis and contributed to interpretation.

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This article was easy to read, and the presentation was user-friendly. This read conveys the correlation between staff and students with peer-reviewed data analysis of their mental health challenges therein.

Dietary Guidelines Advisory Committee. (2010). The Dietary Guidelines for Americans is a joint publication by the US Departments of Agriculture (USDA) and Health and Human Services (HHS) that provides advice on how to eat and drink to promote health and prevent disease. The guidelines are based on the latest scientific evidence on diet and health.

The Dietary Guidelines Advisory Committee (DGAC) is made up of nationally recognized experts in nutrition and health.

The guidelines are updated and released every five years. The process for developing the guidelines includes:

1. Identifying scientific questions
2. Appointing an advisory committee to review scientific evidence
3. Developing the guidelines
4. Implementing the guidelines

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This article was easy to read, and the presentation was user-friendly. This read conveys the correlation between disease prevention and nutrition with peer-reviewed data analysis of their promotion of healthy nutritional food and drinks while preventing diseases therein.

Forrester, N. (2023). Many principles and paradigms that influenced the labor system before the COVID-19 pandemic have changed, and the academic and corporate communities are struggling to make sense of the paradigm shifts the authors have entered. One of the organizational phenomena highlighted after the COVID-19 pandemic is “Quiet quitting”, that is, the tendency for workers to do the bare minimum tasks necessary for their occupations to avoid getting dismissed.

The author, throughout a long voyage starting from a Gus Van Sant movie to different literary authors, will explore the necessity of writing. The film *Finding Forrester* will be analyzed, reflecting the impact of writing on teenagers and the construction of one's identity.

This article was easy to read, and the presentation was user-friendly. This read conveys the correlation between the pandemic and unemployment with peer-reviewed data analysis of their promotion of the “Quiet Quitting” theory therein.

Hyun, J. K., Quinn, B. C., Madon, T., & Lustig, S. (2006). This study examined the mental health needs, knowledge, and utilization of counseling services among graduate students at a large university in the western United States. Almost half of graduate student respondents reported having had an emotional or stress-related problem over the past year, and over half reported knowing a colleague who had had an emotional or stress-related problem over the past year.

Drs Hyun and Quinn were graduate students at the University of California Berkeley–Health Services and Policy Analysis Program.

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This article was easy to read, and the presentation was user-friendly. This read conveys the correlation between the mental health needs, knowledge, and utilization of counseling services among graduate students at a large university in the western United States with peer-reviewed data analysis of half of students once having reflective mental health issues therein.

Oswalt, S. B., & Riddock, C. C. (2007). There were significant differences in coping strategies of males and females. Many were interested in learning about and using new coping strategies such as massage, yoga and meditation. Additionally, affordable health insurance, improving the physical environment (i.e., parking), and increasing communication in the academic context could reduce stress levels. Discussion about how health centers, counseling centers and other Student Affairs departments can help the university address these issues to reduce overall graduate student stress is included. (Contains 8 tables.)

Sara B. Oswalt

[The University of Texas at San Antonio | UTSA · Department of Public Health](https://www.researchgate.net/institution/The-University-of-Texas-at-San-Antonio?_tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6InB1YmxpY2F0aW9uIiwicGFnZSI6InByb2ZpbGUiLCJwcmV2aW91c1BhZ2UiOiJwdWJsaWNhdGlvbiJ9fQ)

PhD

This article was easy to read, and the presentation was user-friendly. This read conveys the correlation between males and females regarding coping differences with peer-reviewed data analysis of resource organizations to assist with solutions to the reflective mental health coping issues entailed therein.

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Posselt, J. (2021). The purpose of this study is therefore to analyze prevalence and risk factors associated with anxiety and depression among a large sample of graduate students, with special attention to how graduate education environments and interactions may be associated with mental health.

[**Jenna Posselt**](https://www.researchgate.net/profile/Jenna-Posselt?_sg=7yG3-slYWAWTBgeLm0zSYbu6XPtBkwpdMO7OpDm8eFIrgkX3KKa17wxXnA9QdirE291IF-cttd1oI2k&_tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6InB1YmxpY2F0aW9uIiwicGFnZSI6Il9kaXJlY3QifX0)

Drew University

Department Sociology of Religion

This article was easy to read, and the presentation was user-friendly. This read conveys the correlation prevalence and risk factors within anxiety and depression with peer-reviewed data analysis with special attention to how graduate education environments and interactions may be associated with mental health entailed therein.

Pressley, T. A. (2017). Tenure and Promotion Committees are finding that it is no longer sufficient to consider only lecture hours when evaluating a faculty member's contributions to the teaching mission of an institution. Accordingly, the career path for an educator in a college or professional school is evolving.

[**Tiana Pressley**](https://www.researchgate.net/profile/Tiana-Pressley?_sg=2Z8CdpabicytvSEBBfIoV_winSBX3LBU30J9QUIalDGSqD4v0bxlc-iyIBL7OsiSn4nIcFbCAmFBj8Q&_tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6InB1YmxpY2F0aW9uIiwicGFnZSI6Il9kaXJlY3QifX0)

Embry–Riddle Aeronautical University

Aeronautical Science Spatial Disorientation Lab

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This article was easy to read, and the presentation was user-friendly. This read conveys the correlation internal and external teaching strategies with peer-reviewed data analysis with special attention to how those taught utilizing both internal and external lessons retain and apply the intended information therein.

Woolston, C. (2022). The cost-of-living crisis is causing widespread financial distress among those in master’s and PhD programs worldwide. The cost-of-living crisis is causing widespread financial distress among those in master’s and PhD programs worldwide.

[**Caleb Woolston**](https://www.researchgate.net/profile/Caleb-Woolston?_sg=7Z7B4vtMW56-jXQLpGhNvYo25bKmeyuUQFzFCl2pqHfPNRMnNYcIYQtibpD23l4uRL0k9zJ4YGPO5Ms&_tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6InB1YmxpY2F0aW9uIiwicGFnZSI6Il9kaXJlY3QifX0)

University of Utah

Department of Psychiatry

[Validation of the Safety Behavior Assessment Form -- PTSD Scale](https://www.researchgate.net/publication/372202061_Validation_of_the_Safety_Behavior_Assessment_Form_--_PTSD_Scale?_sg=aEG6L3V1nbSaeYgQ3IJiA7-pO-h_7OULddDHoOWd4itvgQq9jJ0w9TPcTEhT7Eq4v8DrFnNvieEqFdk&_tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6InB1YmxpY2F0aW9uIiwicGFnZSI6Il9kaXJlY3QifX0)

This article was easy to read, and the presentation was user-friendly. This read conveys the correlation cost-of-living expenses and the associated costs of master’s and PhD programs with peer-reviewed data analysis with special attention to financial crisis analysis information therein.

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White, K. (2019). The *Science and Engineering Indicators 2020*report “Publication Output: U.S. Trends and International Comparisons” utilized a large database of publication records (i.e., bibliometric data). The database allows researchers to search the records of journal articles and conference papers.

K. White

[Brookhaven National Laboratory · Office of Educational Programs](https://www.researchgate.net/institution/Brookhaven-National-Laboratory?_tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6InB1YmxpY2F0aW9uIiwicGFnZSI6InByb2ZpbGUiLCJwcmV2aW91c1BhZ2UiOiJfZGlyZWN0In19)

This article was easy to read, and the presentation was user-friendly. This read conveys the correlation between researchers and databases information with peer-reviewed data analysis from records of journal articles and conference information therein.

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**Works Cited**

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Chi, T., Cheng, L., & Zhang, Z. (2023). Global prevalence and trend of anxiety among graduate students: A systematic review and meta‐analysis. *Brain and Behavior*, *13*(4), e2909.

Dietary Guidelines Advisory Committee. (2010). US Department of Agriculture and US Department of Health and Human Services. *Nutrition and Your Health: Dietary Guidelines for Americans*.

Forrester, N. (2023). Fed up and burnt out:‘quiet quitting’hits academia. *Nature*, *615*(7953), 751-753.

Hyun, J. K., Quinn, B. C., Madon, T., & Lustig, S. (2006). Graduate student mental health: Needs assessment and utilization of counseling services. *Journal of College Student Development*, *47*(3), 247-266.

Oswalt, S. B., & Riddock, C. C. (2007). What to do about being overwhelmed: Graduate students, stress and university services. *College Student Affairs Journal*, *27*(1), 24-44.

Posselt, J. (2021). Discrimination, competitiveness, and support in US graduate student mental health. *Studies in Graduate and Postdoctoral Education*, *12*(1), 89-112.

Pressley, T. A. (2017). Educational leadership: benefits of stepping outside the classroom. *Advances in Physiology Education*, *41*(3), 454-456.

Woolston, C. (2022). ‘Not even enough money for food’: graduate students face cash crunches.

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White, K. (2019). Publications Output: US Trends and International Comparisons. Science & Engineering Indicators 2020. NSB-2020-6. *National Science Foundation*.