

**Name School/Advisor Program Year Term F/Sp/Sm**

| Cerita Buchanan | Dr David Ward | PhD/DSL | 2024 | Sm24 |
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**LOC-ALT RESEARCH INFO LITERACY/TOPIC FOCUS SELF-ASSESSMENT**

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The LOC-ALT Research Project is provided as an alternative for individually approved students who are unable to participate in-person to the Library of Congress trip to Washington, DC. Because of the time/commitment involved in a major research project, it is important to begin the journey by assessing your readiness to get the help you need to be successful. Be honest about your progress and areas where you need to seek help. In addition to the 1 to 5 general stages of progress to mark below, compose additional descriptions to the strategic questions to contextualize your research. Complete it and return it to give information experts as you begin a help seeking encounter to orient them to provide the right help quickly. [*It is like a researcher’s version of a heathcare provider’s case history to start an appointment!*]

**Information Literacy Research Skills**

| Feeling challenged: little knowledge or experience with finding research beyond Google | Basic familiarity with online library catalogue searches and online databases | Some experience with Key Word Searching (Distinguish popular & scholarly sources) | Experienced with Keyword Searching(Can translate interests into & relevant topics) | Experienced  Researcher (have done academic research successfully before) |
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What research skills do you need guidance about in order to move forward?

* Narrowing and refining my topic of interest
* Finding literature resources

What information sources (subjects) or research systems (physical collections, electronic databases, etc.) or topic experts (in person or virtual) do you need to locate and productively access to move forward? Provide succinct statements for each below.

Information sources (subjects):

* Work and labour studies
* family and family life
* Management
* Psychology
* Sociology
* Human flourishing
* wellness and wellbeing

Research systems (physical collections, electronic databases, etc.):

* Journal of marriage and family
* Management journals
* Proquest, ebsco etc

Topic experts (in person or virtual):

* David Guest (2001) original research
* Greenhaus and Beutell(1985)

**Degree of Research Focus**

| Need help identifying a specific research topic | Have research issue & study target population & goal for doing research | Have Research Problem & need to narrow topic & Research Purpose | Have written Research Prospectus & ID’d study participants | Already have specific research topic and want guidance |
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**My Research Problem and/or Question is:**

What are the implications of work life conflict on individuals and families and how can we improve work life outcomes for individuals and families (societies)?

Research Problem

* Work-life conflict and its impact on individuals (women) and family

Research question

* How can individuals, families and society organize and structure systems for greater work life balance and work-life harmony?

what are the implications and solution

 How can families realign for greater balance, fulfillment and functionality

**My research Purpose and/or Hypothesis is:**

Action research purpose

To explore and examine work-life conflict, how it has impacted individuals and families and implement solutions to combat the challenge of work life conflict

My research population is:

* working women who experience work-life conflict

**Topics I need to find research sources on for my Literature Review include:**

* Work-life conflict-origins, definitions
* work-life conflict and gender
* effects of work-life conflict on individuals, families, organization and society
* work-life solutions

**Keywords related to my research include:**

* work-life balance, work-life conflict, gender and work-life balance, spill-over, segmentation

**Seminal authors in my research area include:**

* Guest (2011), Moser (1998), [Greenhaus & Beutell, (1985)](https://www.scirp.org/journal/paperinformation?paperid=132100#ref05) , Clark, (2001)

**Theoretical Frameworks or Models used to understand my research area include:**

* Care work framework, theology of work, sociology of work and sociology of leisure, structural functionalism,

**I need to find Instruments that address the following issues or constructs:**

work-life balance policy

work-family conflict

solutions and approaches to address work-life conflict (micro, mezzo and macro)