**Content Questions**

Loretta

LDR 807-12: Leader Development

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I think the course's most significant component is confidence in one's ability to integrate religious and social science knowledge to career or interest. Albert Bandura defined self-efficacy as a person's confidence in their capacity to complete a task or reach a goal (Hussain et al., 2022). Multidisciplinary research and religious-social science integration emphasize this idea. Learning, problem-solving, and career progress require self-efficacy. This is especially true for someone like me who views the world from religious and secular angles. In transdisciplinary environments where ideas converge, persistence, adaptability, and intellectual confidence are essential. This method takes self-confidence. As I read interdisciplinary literature, collaborate on projects, and synthesize ideas, self-efficacy helps me accept uncertainty, overcome obstacles, and keep learning. I approach numerous jobs with openness, resourcefulness, and curiosity because I'm confident in my capacity to understand other views and find common ground across seemingly unrelated issues.

Self-efficacy helps me connect religious and social science viewpoints by strengthening my confidence in applying results to real-world challenges. As I research spirituality, religion, and social phenomena, self-efficacy helps me apply my religious views, values, and experiences to social dynamics, ethical dilemmas, and human behavior. Self-confidence has helped me traverse multidisciplinary debates, respect other perspectives, and make significant contributions. Another leadership development component addressed in the training is self-efficacy. Leadership requires expertise, strategy, self-confidence, resilience, and teamwork (Waddington, 2023).

Self-efficacy meets psychological, ethical, and spiritual developmental stage theories. Interactions, experiences, and ideas and feelings shape a person's self-confidence. Human agency and environmental circumstances impact our sense of self, morality, and spirituality, as shown by self-efficacy and developmental stage theory. Self-efficacy at every developmental stage lets people confidently and actively adapt and reach their potential.

The course basic of self-efficacy influences my spiritual growth, professional development, interdisciplinary learning, and leadership. I believe I can combine multiple viewpoints, apply multidisciplinary knowledge, and make a significant contribution to my profession, therefore I can manage complexity, ambiguity, and grandeur. I'm confident in my abilities to excel in multidisciplinary research and practice, where I aspire to solve major social challenges and revolutionize holistic health.

**References**

Hussain, M. S., Khan, S. A., & Bidar, M. C. (2022). Self-Efficacy of Teachers: a review of the literature. Jamshedpur Res. Rev, 1, 110-116.

Waddington, J. (2023). Self-efficacy. ELT Journal, 77(2), 237-240.

FINAL NOTE:

Loretta:

This was a great first assignment, preparing for discussion on Saturday’s live session. Great job! I always encourage Core 1 students to begin a Word Document “master list” that includes the significant feedback that students receive from all of their professors about writing, APA formatting, grammar, etc. If you do this, and go over the list fairly frequently, implementing the suggestions that professors are providing for each course, you will find yourself improving immensely in your academic writing. As you already know, academic writing is much more formal and difficulty than normal writing.