Transformative Learning and Adult Education

Student Journal

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Assignment

The journal is a written reflection of your learning journey while working in each course. The Learning Journal integrates the essential elements of the course within your professional field of interest. The objective of the course journal is to produce a degree of acculturation, integrating new ideas into your existing knowledge of each course. This is also an opportunity to communicate with your professor insights gained as a result of the course. The course learning journal should **be 3-5 pages** in length and should include the following sections:

1. Introduction – Summarize the **intent of the course**, how it fits into the graduate program as a whole, and the relevance of its position in the curricular sequence.

2. Personal Growth - Describe your **personal growth**–how the course **stretched or challenged** you– and your progress in mastery of course content and skills during the week and through subsequent readings – what new insights or skills you gained.

3. **Reflective Entry** - Add a reflective entry that describes the **contextualization** (or adaptation and relevant application) of **new learning** in your professional field. **What questions** or concerns have surfaced about your professional field as a result of your study?

4. Conclusion – Evaluate the **effectiveness of the course in meeting your professional, religious, and educational goals**.

Top of Form

Bottom of Form

Intent of the course Transformative Learning and Adult Education, was introduced by Mezirow in 1978. This is the process of perspective transformation from ‘frames of reference’ that are habituated and assimilated through childhood, to ones that are more fully developed by being: inclusive, differentiating, permeable critically reflective, and integrative of experience (Mezirow 1996) Now this adult learning topic has received significant attention across multiple disciplines, here in 2024. Last year I even certified in Adult Mental Health First Aider Provider training, I was being trained and I was trained! So much value. I also learned that transformative learning experiences is relevant at three stages: exploring learning that has motivated action, planning to actively integrate learning into practices, and the perspective transformations that occurs through participation.

Because we are learning to grow and learn and effectively listen, I am learning, required that I look critically at myself, family of origin, and adult self-concept that is not child parent but how the adult learns. In this season of my life I have come to understand that I am mature and I do not perform like my parents. I accept that I am a gift and a recipient of *Creator Gods* miracle’s. Knowing all hidden choices happening in darkness will come to the light, this is a saving gift mechanism that I receive by faith as an adult learner.

With my focus being in community, I especially appreciate Taherzadeh who found that the potential of such projects for fostering transformative sustainability learning was deeply linked to the extent to which students formed connections with community beautification and gardening to co-design for practical and sustainable projects to foster a sense of place. When adult learners are disconnected with place they pursue social action that improves the social and ecological life. Through formal transformative learning for adult education will be intentional and not experimental. We must interact with others as adults, being intentional is key. The work of Finland as written by Moriggi, shares about the role of Green Care practices as sites of empowerment and transformative learning, developing the emotional awareness and relational responsibility (Moriggi et al. 2019). Through and ethics of care approach, Moriggi et al. view ethically-informed practices as spaces of experimentation and incremental change through joint learning to drive sustainability transformations. With this careful development and adaptation of actions and perspectives, the authors emphasize the importance of the slow and responsive transformative learning which comes through caring for an intimately knowing a place.

Personal growth has been accepting the narrative is not fully valid. So now I am focused continued excuseless living. I am not labeling my self as a disappointment when I experience that another chose to place our interaction at they limitation. Making our interaction temporary and only coming half way and they not fully leaning in. in transformative learning and adult education of intuition and trauma is often a blurred interaction. In the neighborhood community The question is after exposure and the seeking of unity through the gift of spirituality, how will faith-base neighborhood coalition building traditionally head by ruddy tint women cease from being reluctant to activate the current tools in place to support the sensation of mental health healing and remedy from planned management harmful occupational lack of integrity mal treatment often occurring through civic level similarly situated managers and directors as exampled to be accomplished by historical Social phenomena abolitionist, Sojourner Truth. When we stay connected to the branch of unity and receive the gift we will become, imbued with the fruit of the spirit, all 8 of them.

Grades principle Personal growth when I am stretched and challenged, the transformative learning and adult education accomplishes my Victory I John 8:36 its Christ work in me Ph 4:18 Jude 1:24 Gods power keeps; This semester, I am not sure that those I have mingled with truly want to grafted into the vine of Christ.

Possibly the are not being spiritually growth and often it mirrors the physical .

The only way I know I am growing is the overtime and non reflect on others but just connecting with the True Vine. Outgrown gossip ,lies petty talk, sleazy locations or harming my health with malicious words and 3rd party attaches, thank God for Ps 35 and lacking daily prayers. I am an adult learning and flipped relationships and adult having a certain amount od discipline is an obligation. I find people demand intentionality but will not extend intentionality to others or me. Now continued a transformative learner of adult education, I approach things now boldly and not tentatively. By Gods grace, the outer reality of dedication to Lord, helps me prioritize .

I am not fixed on adults lack of transformation and learning but the Arthur in heaven. The world must connect with gift and no longer be poised for failure. I thank God for the indwelling power of the holy spirit.

What new learning has been gained with my research of transformative learning adult education, well allow my question; What do a engineer, workaholic always on time Trusty and Christian Elder man, father who experienced childhood trauma and lived life with a gunshot womb in his neck, inflicted from an 10 year old older brother at age 9, addicted to pornography, secret societies memberships and occasional wine drinker, a beautiful Christian woman, church clerk and dutiful wife who loses her voice in marriage and struggles with intimacy in marriage, a virgin and a man with convictions, who chooses before the words ‘ido’ that his betrothed will be temporary and decides he is unable to be sexually faithful to his new virgin ‘bride’ by his side, and, a ten year old unsure of self little girl avoiding stereotypes and constantly focused to enrich her life by living excuseless, have in common? Each of them is in desperate need of holistic transformative learning adult education and Biblical healing from wounds of the past. But, just what is the nature of the wound? Let me explain;

I was clueless what distracting relationships did not look like, I only knew the clarity of living without barriers. In my life growing up as an adolescent and for the first over thirty years of life to include a late marriage days of my life. I choose to be present and do the work before ‘ido’ and although unaware I faithfully mingled with those who did not have what I had. By Gods grace, I was knowledgeable of my mindset bends or bruises and did the work from known wounds and those who verbalized not to appreciate the hard work to enrich my life before entering into a long-life relationship , just to ensure that I and my spouse would have one less hurdle to overcome on the other side of ido, should God ordain my nuptials. I am not mindful of those I share good news with. Although I believed people I was around was fully healed and willing to learn more so the growth and the grid will be apart of the true transformative learning. I was wounded an would see more clearly into my future, washing over me like a pacific ocean wave or high tide, where I one time lost my footing for a while. It was during my age of twelve, I arrived home from school and watched the famous Oprah Winfrey, I began to get sick in the stomach as she talked more and more that days show about sexual trauma. Years later I was diagnosed with a blood borne illness. Knowing I had never been with a man, I and the physician was puzzled. And of course believed I was lying. Thank God for the OBGYN who validated my sheath hyem was seen not torn and our honeymoon released for consummation for the beautiful dynamics of intimacy. And later years I walked on proverbial fires of coal, as this timeframe and navigation period of my life and how I responded was stormy, the anxiety I had with male relatives who I trusted was limited and sketchy to say the least. My father was a sensitive man and due to his own known fathers choices while married to grandmother, has always verbally vowed to be a family man committed to his family no matter his own poor choices. I can now appreciate the volume of that statement. Having expressed I do nearly 10 years ago. My father was a everyday to work man and on time (never missing a day of work was before the time with full days work. My parents were married after high school years, and were high school sweethearts., then married shortly after until his untimely death at the exposure to COVID19 vaccines, cohobated with other health concerns, this separated them from over fifty-two years later.

Dad was the bread winner and my mom the Christian Displinarian not the nurture like my father. My mom did not kiss me , she is non affectionate, dry my tears no cheer me , nor did my father. They did not help to understand much only made sure I was exposed to all. I appreciate them for the exposure BUT I needed some explanations along the way, that I did not get from them but others. Especially because I had what looked like a upstanding family and house and what the Bible writes out as a upstanding good mother. She always made me look pretty (outward), but not shaping me as primary parent was strange for it should be always the foundation. I appreciated all the aunties, God parents and baby siters. My mom did the best she thought and was pretty for her work daily. She was quick to use excessive discipline and tell me to shut up and never become a mother before a wife. BUT she never told me key ways to respond, or change dynamics and learn motives of people and how they engage tells a lot about the person interacting with. At my fathers funeral service, many people expressed how incredible he was and that the cheer and joy he expressed would leave a never ending emptiness , due to his death, he would be no more as one who built others up no matter how bad you felt before , you left him you would be perked up, and few inches taller and more able to conquer the world seemingly with a better stride with grace and beauty.

I was/am the only child of my father and mother of there 50 year union and growing up in the country living after moving south was swell. Our home was well placed in the suburban and areas and rural areas of Cali and Ark, to include the unruly talk from my mother and the not only Biblical rules but her rules, and test, games , what a mess to navigate shame-based tones from my mother. I never quiet knew what would set off my mother , but I just knew I never wanted to be like her. I love her but I knew something was off balance. My father on the other hand seemed to have an quiet tone and non responsive manner but strong will. Where as my fathers interaction was transactional. Live right do right and you get the right things. I learned the game and played the by the rules. Looking back all was shameful but that’s how it was . What a terrors workforce family, and as then and now I classify my child hood disobedience as few times it was , to be the sin nature. Between them and I its all sin nature and only occurring on this planet. I was told that I was a basic great child, a virgin and no kissing until marriage women I knowingly obeyed and never got into any trouble at home or with the system. But I was always , held to consequences with my mother, or talked down to by others and never could seem to meet any of the unknown standards required by my mother. I appreciated never to have curfew but I was not out late anyways so it did not matter.

Personal Growth and learning and stretching, I saw my parents seemed to understand everyone else but me they seemed to have keen passion for many . but did not have room for my inquiring mind. I learned to love books with one of my cousins and I learned more about God during summer camps. I really enjoyed reading the King James version of the Bible and took every word to heart. I beloved God was kind loving and just, although I did not understand why I was the object for so many attempts of abuse by men. So I decided I would keep my physical body to myself for marriage and be appropriate with and away from men, I became co-dependent and unknowingly would be unknowingly pressing down the traits of my mom that I did not care for, I would now subconsciously seek in or unconsciously be drawn toward. I was very by Gods grace self assured and did not need people to applaud me , I had a confident father so I did not desire any cheerleading . I realized that I was not able to be authentic with people due to the misuse I experience with my mother. Seeing the same characteristics in my spouse , I unfortunately had to take a long look at thinking I was a blessing to someone and learning I was a mistake and especially after 20 days , was informed all was temporary, I was on a personal , professional and lifestyle path to not only heal me but also see the pattern in others so I could not repeat this level of interaction again.

So, I decided to move away for a while and take the much needed time to attend to my unattended wounds, not everyone in my life at the time appreciated this and many child hood friendships were dissolved and still remain estranged. Especially the ones wanting to bend me and not live the will of the Father in heaven. But I am good with that , I now know they had and would have continued to use me and these are patterns that I would not have desired to be maintain in my tenacious and transformative authentic transformative learning healthful-living lifestyle, away from men and women in my past or future. Because now as in past its all about bring glory to God and giving glory to His name. The Lord progressed me from high school to college levels in and out of internships and professional careers and I always enjoyed the affirmation of attention and daily phone calls from my father. I was on the fence when it came to pleasing others. Pleasing was not my focus, although I would do anything for a person. I was just cheerful but not wounded or broken. I think I had appropriate development here .

Contextualization and reflective learning and growth experienced, and I have understood the plurality of values and characteristics of different actors can also uncover new places based on knowledge and contextualization. When I speak I often open up with a n example of the loaf of bread. I show the loaf of bread and I share with the audience that we all were born into the world and need a full loaf of bread, and only got the curbs. Some of us receive the ingredients but did not have the recipe and others had the correct ingredients and the recipe but did not have the tools the oven to back the dough in and so we are living life unhealed and in an unwelcomed environment. The audience of adults, listened and learned and after wards they greeted me at the door and expressed a sense of identification with my story, and belonging all based on peoples’ own narratives, perceptions, and attachments. (Vanclay 2008)

At this time I believe knowing how to pivot and transform , is depended on the root of the experiences and how did we respond was our response from the fruit of the spirt or sin and selfishness. My understanding of life was love and accept all and when my eyes were opened I could see, that my innocents did not take into account motives and now in adulthood: I must manage the impact from another’s choices from their childhood that was surfaced in adulthood. So, I have a great father and my foundation was great and integrated and not like if it was bad which the outcome and out look may be difficult emotionally and if I was a male I would have a hard time seeing my self-consistent as an adult. I appreciate feeling assured as a woman due to the impact of my consistent father present and providing. My mothers Christian hypocrite ways of pew power, neglect and non-affirmation were tough but I praise God although she and dad had times of out of order, they both allowed me to visit and stay with family friends that lived authentically in front of me and I observed and learned. Many of those households are now not available to me due to the choices Ps. 54:7 92:11 Is 41:21 are my go to.

I appreciated my father’s approval but desired my mothers and her seeing me was so important. Today, compounded at the death of her husband of over 50 years to my father, and my seeing that she died at the same time he died although living. Her hidden ways and expectations were only a comfort for that day and moment. However, I see her inability to affirm me is not anywhere in her DNA due to her own distorted childhood. She needs to learn about being fair and appreciating to do the deeper work to get to wellness but most of all, she can’t give what she did not get nor desires to expose or pivot from. So her wanting me to look pretty or be best, is just outward, dress over an inner shame. This inner shame lasted a while and did not turn into pew pain and did not move me away from God. I choose to forgive. I have found JOY in the suffering living life beyond bent barriers. This Joyful mindset away from each unhealthy relationship comes from having an earthly father, who in his latter years modeled that adult learning takes work and he covered me and shared with me more about the troubled mind.

In conclusion, what new learning? So far I am seeing how often those in leadership are of age but are cowardly and lack the transformation of the holy spirit as Paul wrote and thus may be facilitating their eternal damnation. Remaining a stranger of Christ and becoming a friend with the scapegoat. The man of sin, because they were raised in family but the adults who provided for them did not listen to them, allow them to express emotions and or were involved in religion and not a authentic relationship with Jesus Christ our Lord.

In conclusion transformative learning and adult education effectiveness in life, work, school, and by leaders in faith community in coalition building will be applied, if we (the adult learner who is thinking to share own ‘gift’ would awake up? Transformative learning, I see the problem to solve in society and in my profession is integrity (principled charter and occupational workforce integrity). My nurture is coming from nature and the environment of Biblical loveliness daily no matter how the enemy of souls continues to show up. With issues the adult leaner and thinker, when equipped with the ‘gift’ has the choice to respond to most things appropriately and move up and over them. Because they are an adult learner in transformation, they filter Vellas 12 principles and this allows my/or another’s circumstance to dictate my every hopefully positive and best response. And even until now people seem to be having a difficulty experiencing by God’s grace living and dealing with sins, when we on earth have had exposure to the ‘gift’ historically and for so long, no matter your denomination or faith. I see now church/community are full of people who are not nor have or are dealing with wounds, and the re-teach of the adult leaner thinker may be now required. When will civic and faith or club organization understand the need for strategically planned volunteer participant events? In community we can foster teaming objectives, and build relationships for longevity and cohesion in neighborhoods thus the city or rural areas. My question is why people who know they have life wounds, like to prey on those they see have no wounds at all, knowingly plan and participate to harm them and then leave the one harmed like no problem or issues now exist? My experience is verbal aggression, sarcastic tongue, and narcissistic needs, despite these exposures from others, I am thankful for the transformative learning and this layer of education in my adult years. I thank God for the ‘gift’ He gave me in my youth years, due in part to that gift, a caring and providing fathers guide in the home (although my dad was not perfect), I believe are what allowed me to have a best response to even now keep working on my character and instruction development of life from after the pattern of Jesus Christ.

WORKCITED

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