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| Sabrina Haid |
| Appendices |
| Chair: Dr. Curtis McClane |

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| Sabrina Haid  5-2-2024 |

# Appendices

## Appendix A: Site Permission

Site permission is not required for this dissertation. I will be obtaining my participants through social media, snowballing and personal contact recruitment. I will not be working directly with any specific location.

## Appendix B: Informed Consent

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**DESCRIPTION:** You are invited to participate in **a research study** on the lived experience of non-custodial fathers experiencing parental alienation and/or custodial contact problems (PA/CCP).

You will be asked to share your experiences concerning interactions with your child, your child’s other parent, and the court system. You will also be asked to share about the difficulties and hardships you have experienced related to these custodial contact issues including (but not limited to) your emotions and mental health, other relationships, your finances as they relate to your custody struggles, and your physical health. Other aspects of potential questions may include things you have done as a way of coping with the negative effects of not seeing your children, habits or activities you have employed to stay in a positive state or to help promote positive mental health, different practices you have employed to demonstrate a track record of lost of time with your children or not following your parenting plan, or even things you have learned along the way you wish you had known earlier.

The questions you will be answering will come in the form of interview questions. The interviews will be approximately 60-90 minutes in length and will take place on Zoom. These interviews will be recorded and transcribed for the actual research evaluation process. These recordings will be kept on a jump drive that will be kept in a secure and locked file cabinet in the researcher’s office. The researcher will be the only person with access to these recordings. Your identity will remain totally anonymous to anyone other than the researcher.

There will be three rounds of interviews. The first round will be to gather the information needed to begin the research. This round will have the same questions for each participant. The second round will be to go a little deeper, gather more details, or to ask additional questions that may have come up through the research process. The third round will be to ensure all needed information has been gathered, to ask any further questions that may have been discovered through the process, or to gain clarity on your perspective.

The recordings will be archived for the duration of the research and up to five (5) years beyond to be used in future research. After the five years, all hard copies and electronic files will be destroyed beyond ability to use or gain access to information.

**TIME INVOLVEMENT:** Your participation will take approximately 60-90 minutes per session with a total of three (3) sessions.

**RISKS AND BENEFITS:** There are no foreseeable risks associated with this study. Study data will be stored securely, in compliance with Omega Graduate School’s standards, minimizing the risk of confidentiality breach.

There are no foreseeable direct benefits to you, the participant, which may reasonably be expected to result from this study. The general benefits of this study will be the ability to inform laws and interventions concerning child custody and the importance of fathers.

**We cannot and do not guarantee or promise that you will receive any benefits from this study.**

**PAYMENTS:** There will be no compensation for participation in this study.

**PARTICIPANT’S RIGHTS:** If you have read this form and have decided to participate in this project, please understand your **participation is voluntary** and you have the **right to withdraw your consent or discontinue participation at any time without penalty or loss of benefits to which you are otherwise entitled**. **The alternative is not to participate.** You have the right to refuse to answer particular questions. The results of this research study may be presented at scientific or professional meetings or published in scientific journals. Your individual privacy will be maintained in all published and written data resulting from the study.

In accordance with scientific norms, the data from this study may be used or shared with other researchers for future research (after removing personally identifying information) without additional consent from you.

**CONTACT INFORMATION:**

***Questions:*** If you have any questions, concerns or complaints about this research, its procedures, risks and benefits, contact the Protocol Director,*(name, email address, and phone number of Protocol Director).*

***Independent Contact:*** If you are not satisfied with how this study is being conducted, or if you have any concerns, complaints, or general questions about the research or your rights as a participant, please contact the Omega Graduate School’s Institutional Review Board (IRB) to speak to someone independent of the research team toll free at 1-800-933-6188, or email at [[Whose](mailto:irbnonmed@stanford.edu) email do I use for IRB contact ]. You can also write to the OMEGA Graduate School Attn: IRB, 500 Oxford Drive, Dayton, TN, 37321, USA.

***Appointment Contact:*** If you need to change your appointment, please contact Sabrina Haid at (423) 827-7605 (text only).

Indicate ***Yes*** or ***No***:

I give consent to be audio recorded during this study.

\_\_\_Yes \_\_\_No

I give consent to be video recorded during this study:

\_\_\_Yes \_\_\_No

I give consent for recordings resulting from this study to be used for *(describe proposed use of recordings)*:

\_\_\_Yes \_\_\_No

I give consent for my identity to be revealed in written materials resulting from this study:

\_\_\_Yes \_\_\_No

If you would like to contact participants about future studies, include the following statement:

May we contact you about future studies that may be of interest to you?

\_\_\_\_ Yes \_\_\_\_ No

**The extra copy of this signed and dated consent form is for you to keep.**

**SIGNATURE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE \_\_\_\_\_\_\_\_\_\_\_\_**

**Print name of participant** **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

## Appendix C: Recruitment Letter/Email

Include a copy of your Recruitment Letter/Email sent to participants.

This will be developed after IRB Approval and as a part of the validation process.

## Appendix D: Instruments

**Interview Protocol**

Points to cover at the beginning of the meeting, before starting official research questioning.

* Housekeeping questions
  + Verbal, recorded acknowledgement to be recorded on both audio and video.
  + Understanding participation in this research will take multiple interview periods
  + Acknowledgement of non-compensation for participation
  + Understanding they are able to opt out at any point
  + Understanding that they may refuse to answer any question they do not feel comfortable answering.
  + Agreeable to having the recordings stored up to five years and may be used for subsequent research endeavors I may pursue with the topic of parenting after divorce and parental alienation.
* Explanation of Expectations
  + Please be honest and open in your answers. This will allow for the best outcomes for research purposes.
  + This will be totally anonymous. Only I will know your true identity. I will have you introduce yourself while on camera and that will be how I address you while on video. Feel free to use your real name or a pseudonym if you would like. Please let me know if you wish to be in shadow of no face camera so I can accommodate your wishes on my end.

# Research Questions

RQ1: How do non-custodial, targeted fathers experiencing PA/CCP define PA/CCP?

RQ2: How do non-custodial, targeted fathers describe their experiences of PA/CCP?

RQ3: How do non-custodial, targeted fathers experiencing PA/CCP describe their coping skills?

# Interview Questions

1. How would you define “parental alienation”? (RQ1)
2. What would you say would be the difference between PA and custodial interference, if any? (RQ1)
3. Tell me about your experience with parental alienation or custodial contact problems? (RQ2)
   1. Probing questions to get a fuller answer or to help the father answer in a more meaningful way
   2. Please share your experiences related to the following:
      1. your relationship with your child(ren),
      2. your experience with the judicial system,
      3. anything you have done trying to obtain help enforcing your parenting plan,
      4. any steps you have taken to become a better parent
      5. Anything you have done to learn how to support your side of the story.
   3. When/At what point did you start noticing resistance to you spending time or building a relationship with your child(ren)?
   4. What kind of warning signs or red flags did you notice?
4. How have you experienced family court and the family judicial system concerning your issues with PA/CCP? (RQ2)
5. Besides financially, what has been the cost associated with fighting for your right to be a father and be involved in the lives of your children?
6. How do you handle/cope with missing time with your children ? (use their words when asking this question.) (RQ3)
7. What emotions would you say you experience most related to PA/CCP? (RQ2, RQ3)
8. What type of community resources have you found to help ensure you have time with your child(ren)? (RQ2)
9. Besides having your children with you, what would you like to see made available to help yourself or others in this situation? (RQ3)
10. Thinking about your own experience, if you had a magic wand and could make things associated with divorce, child custody, parental alienation, everything associated with all you have dealt with, how would you fix our world and our current family court system, family law, and the entire experience associated with parenting after divorce?
11. Considering everything you have gone through, what would you tell the guy just starting to deal with co-parenting after a breakup and experiencing alienating behaviors, custody compliance issues (custodial contact problems), and concerns about their relationship with their children?
12. Is there anything else you believe I should know about your story, your experience, your future plans concerning your children, or things that could have made your experience better? (all RQs)

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## Appendix E: Validity Documentation

According to OGS standards for qualitative research, the validation process will include gaining input from several professionals in the field of parental alienation and a pilot study with approximately three to five participants who will provide input into the actual interview process. The following articles helped me understand the importance and process of validation.

Creswell, J. W., & Creswell Baez, J. (2021). *30 Essential skills for the qualitative researcher* (2nd ed.). SAGE.

Creswell, J. W., & Miller, D. L. (2000). Determining Validity in Qualitative Inquiry. *Theory Into Practice*, *39*(3), 124–130. http://www.jstor.org/stable/1477543

Leung L. (2015). Validity, reliability, and generalizability in qualitative research. *Journal of family medicine and primary care*, *4*(3), 324–327. <https://doi.org/10.4103/2249-4863.161306>

Sabnis, S. V., & Wolgemuth, J. R. (2024). Validity practices in qualitative research in school psychology. *School Psychology International*, *45*(2), 87-114.

Teymoori, E., Fereidouni, A., Zarei, M. *et al.* Development and validation of burnout factors questionnaire in the operating room nurses. *Sci Rep* **14**, 8216 (2024). <https://doi.org/10.1038/s41598-024-56272-2>

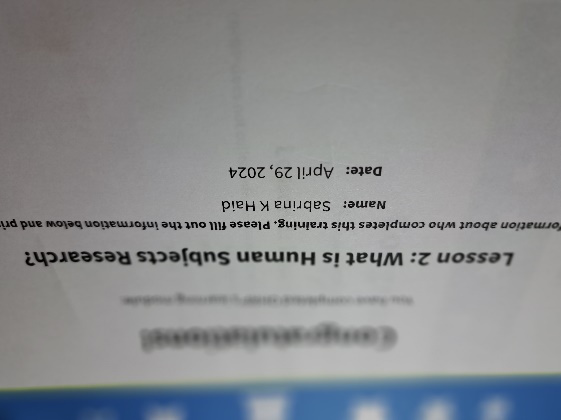
Whittemore, R., Chase, S. K., & Mandle, C. L. (2001). Validity in qualitative research. *Qualitative Health Research*;11(4):522-537. doi:10.1177/104973201129119299

## Appendix F: IRB Approval Letter

Include your IRB approval letter

## Appendix G: NIH/CITI Certificate

A close up of a paper

Description automatically generated

A close up of a paper

Description automatically generated Close up of a paper with text

Description automatically generated

A close up of a paper

Description automatically generated

## Appendix H: Other Appendices As-Needed

Any other relevant documents can be enumerated as appendices to your dissertation.