# Prayer Journal

**Scripture reading– Read a short passage and ask God how to apply it**

Passage:

**Thanksgiving – Share with God what you’re thankful for**

*“Enter His gates with thanksgiving and His courts with praise. Give thanks to Him, bless His name.” Psalm 100:4-5*

**Repentance – Ask the Lord if there are any sins in your life you need to repent of**

*“He who conceals his transgressions will not prosper, but he who confesses and forsakes* them *will find compassion.” Proverbs 28:13*

**Petition – Ask the Lord to help. Then, ask Him a question.**

*“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.” Philippians 4:6-7*

**Listening – Spend some time listening for a response. What comes to mind after your questions?**

*“I sought the LORD, and He answered me, and delivered me from all my fears.” Psalm 34:4*

*“But he who listens to me shall live securely and will be at ease from the dread of evil.” Proverbs 1:33*

**Worship – Thank the Lord for this time and for anything He’s been laying on your heart**

*“But an hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for such people the Father seeks to be His worshipers.” John 4:23*

*“Sing to the LORD, all the earth; Proclaim good tidings of His salvation from day to day.” 1 Chronicles 16:23*