# **Flesh Inventory**

You’ve just learned how the flesh seeks to meet its own needs apart from Christ and how it is impossible to please God by the flesh (Heb 11:6, Galatians 5:17). Below, you will find a few passages that discuss what carnal / fleshly living looks like. Take a moment to read the passage and review the fleshly character traits. Circle or highlight the traits that you find in your life.

If you don’t know what a word means, look it up! Please don’t gloss over it!

The purpose of this exercise isn’t to condemn you but to invite you to partner with the Holy Spirit in His work on your life. The flesh isn’t your true identity; therefore, anywhere in your life that God prunes you is a good thing. Remember, Romans 8:1 tells us there is no condemnation for us in Christ Jesus. Pray this as you begin:

*“Father God, I want to live a spirit-led, mature life. Please show me areas in which I need healing and growth in. Lord, I give you permission to heal and grow me in all these carnal areas. I’m asking for your help. Please prune anything from my life that doesn’t belong and water anything that you want to grow. Thanks, Abba! Amen.”*

## 1 Corinthians 3:1-4

*“1 And I, brethren, could not speak to you as to spiritual men, but as to men of flesh, as to infants in Christ. 2 I gave you milk to drink, not solid food; for you were not yet able [to receive it.] Indeed, even now you are not yet able, 3 for you are still fleshly. For since there is jealousy and strife among you, are you not fleshly, and are you not walking like mere men? 4 For when one says, “I am of Paul,” and another, “I am of Apollos,” are you not [mere] men?”*

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| * Jealousy | * Strife | * Factions / Favorites |

## 1 John 2:15-16

*“15 Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. 16 For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world.”*

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| * Lust of Flesh | * Lust of Eyes | * Boastful Pride of Life |

## Romans 16:17-18

*“17 Now I urge you, brethren, keep your eye on those who cause dissensions and hindrances contrary to the teaching which you learned, and turn away from them. 18 For such men are slaves, not of our Lord Christ but of their own appetites; and by their smooth and flattering speech they deceive the hearts of the unsuspecting.”*

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| * Dissensions | * Flattering Speech |

## Galatians 5:19-21

*“19 Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, 20 idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, 21 envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God.”*

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| * Immortality | * Enmities | * Dissensions |
| * Impurity | * Strife | * Factions |
| * Sensuality | * Jealousy | * Envy |
| * Idolatry | * Outbursts of Anger | * Drunkenness |
| * Sorcery / Witchcraft | * Disputes | * Carousing |

## James 4:1-6

*1 What is the source of quarrels and conflicts among you? Is not the source your pleasures that wage war in your members? 2 You lust and do not have; [so] you commit murder. You are envious and cannot obtain; [so] you fight and quarrel. You do not have because you do not ask. 3 You ask and do not receive, because you ask with wrong motives, so that you may spend [it] on your pleasures. 4 You adulteresses, do you not know that friendship with the world is hostility toward God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God. 5 Or do you think that the Scripture speaks to no purpose: “He jealously desires the Spirit which He has made to dwell in us”? 6 But He gives a greater grace. Therefore [it] says, “GOD IS OPPOSED TO THE PROUD, BUT GIVES GRACE TO THE HUMBLE.”*

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| * Seeking pleasure | * Envious | * Selfishness |
| * Lust | * Fighting & Quarreling | * Adultery with the world |
| * Murder | * Wrong Motives | * Pride |

## Hebrews 13:4-5

*“4 Marriage [is to be held] in honor among all, and the [marriage] bed [is to be] undefiled; for fornicators and adulterers God will judge. 5 [Make sure that] your character is free from the love of money, being content with what you have; for He Himself has said, “I WILL NEVER DESERT YOU, NOR WILL I EVER FORSAKE YOU,”*

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| * Fornication | * Adultery | * Love of Money |

## 1 Corinthians 6:18-20

*“18 Flee immorality. Every [other] sin that a man commits is outside the body, but the immoral man sins against his own body. 19 Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? For you have been bought with a price: therefore glorify God in your body.”*

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| * [Sexual] Immorality | * Abuse of the Body |

## 1 Corinthians 6:9-10

“*9 Or do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived; neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor homosexuals, 10 nor thieves, nor [the] covetous, nor drunkards, nor revilers, nor swindlers, will inherit the kingdom of God.”*

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| * Fornication | * Homosexuals | * Drunkards |
| * Idolatry | * Thievery | * Revilers |
| * Effeminate | * Covetous | * Swindlers |

## 2 Peter 2:9-10

*“9 [then] the Lord knows how to rescue the godly from temptation, and to keep the unrighteous under punishment for the day of judgment, 10 and especially those who indulge the flesh in [its] corrupt desires and despise authority. Daring, self-willed, they do not tremble when they revile angelic majesties,”*

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| * Indulging in the Flesh | * Daring | * Reviling |
| * Despising Authority | * Self-Willed |  |

## 2 Timothy 3:2-7

*“2 For men will be lovers of self, lovers of money, boastful, arrogant, revilers, disobedient to parents, ungrateful, unholy, 3 unloving, irreconcilable, malicious gossips, without self-control, brutal, haters of good, 4 treacherous, reckless, conceited, lovers of pleasure rather than lovers of God, 5 holding to a form of godliness, although they have denied its power; Avoid such men as these. 6 For among them are those who enter into households and captivate weak women weighed down with sins, led on by various impulses, 7 always learning and never able to come to the knowledge of the truth.*

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| * Lovers of Self | * Unholy | * Treacherous |
| * Lovers of Money | * Unloving | * Reckless |
| * Boastful | * Irreconcilable | * Conceited |
| * Arrogant | * Malicious Gossips | * Lovers of Pleasure |
| * Revilers | * Lacking Self-Control | * Godliness but denying its power |
| * Disobedient to Parents | * Brutal | * Captivating weak women/men |
| * Ungrateful | * Haters of Good | * Learning without growing in the truth |

## 1 John 3:15-17

“*15 Everyone who hates his brother is a murderer; and you know that no murderer has eternal life abiding in him. 16 We know love by this, that He laid down His life for us; and we ought to lay down our lives for the brethren. 17 But whoever has the world’s goods, and sees his brother in need and closes his heart against him, how does the love of God abide in him?”*

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| * Hatred | * Murder | * Lack of Love for Others |

Now, go back and review the items you’ve selected. Can you identify which ones seem most potent in your life? Are there patterns to where these things show up in your life? Pray this way:

*“Father, as I review your Word, I realize you still have much work to do in my life. I recognize I need your Spirit’s help to overcome the flesh, especially in the areas of (list prominent areas). Holy Spirit, please make me more aware of my flesh and help me obey your instruction. Teach me your ways, God, that I might walk in them. I thank you in advance for what you’re about to do. Thank you for the freedom you purchased for me through Jesus. I receive what you have for me. Amen”*