# Omega Graduate School

# Dissertation Research Prospectus (Pre-Proposal)

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# Problem Statement

The problem is life satisfaction is reduced for adults experiencing anxiety and depression. Anxiety and depression continue persist after being elevated by the COVID-19 pandemic (). Church members also experience anxiety and depression (). .

# Purpose Statement

The purpose of this study is to examine the relationship between anxiety, depression and life satisfaction among adult church members in the Charlotte, NC area.

# Background of the Problem (1-2 pages)

Describe the problem in the context of extant literature…

# Significance

This study will contribute to the gap in research of…by identifying….

# Research Questions

RQ1: What relationships exist between anxiety and life satistfaction among adult church members in the Charlotte, NC area?

RQ2: What relationships exist between depression and life satistfaction among adult church members in the Charlotte, NC area?

# Research Methodology

This study will utilize a quantitative methodology because hypotheses derived from research questions will be tested using statistical analysis.

# Theoretical/Conceptual Framework

This study is framed by \_\_\_\_\_\_ theory because… (cite).

# Instrumentation

Validated survey instrument that measures attitudes, knowledge, beliefs, or behaviors… (quantitative)

This study will utilize the \_\_\_\_\_\_ instrument, which measures \_\_\_\_\_\_\_ using \_\_\_\_\_\_\_ subscales (cite).

Researcher-developed and field-tested questionnaire, interview, or focus group (qualitative)...

This study will utilize a field-tested researcher-developed questionnaire validated by feedback from 5-7 subject matter experts…

# Research Design

This quantitative study will utilize a correlational design because it will examine the relationship between anxiety and life satisfaction, and depression and life satisfaction, among adult church members in the Charlotte, NC area.

# Population and Sampling

The target population for this study will be adult church members from the Charlotte, NC area.

# Hypotheses (Quantitative Only)

**Correlational:**

H01: No statistically significant relationship exists between depression and life satisfaction among adult church members in the Charlotte, NC area.

Ha1: A statistically significant relationship exists between depression and life satisfaction among adult church members in the Charlotte, NC area.

H02: No statistically significant relationship exists between anxiety and life satisfaction among adult church members in the Charlotte, NC area.

Ha2: A statistically significant relationship exists between anxiety and life satisfaction among adult church members in the Charlotte, NC area.

# Data Analysis Plan

Quantitative:

This study will test data for normality and relevant assumptions of appropriate statistical procedures. If data do not meet assumptions for parametric procedures (results apply to the population), nonparametric procedures (results apply only to the sample) will be utilized.

This study will utilize Pearson’s Product Moment of Correlation (parametric) or Spearman’s Rank Correlation (nonparametric) to test the hypotheses for statistically significant relationships.